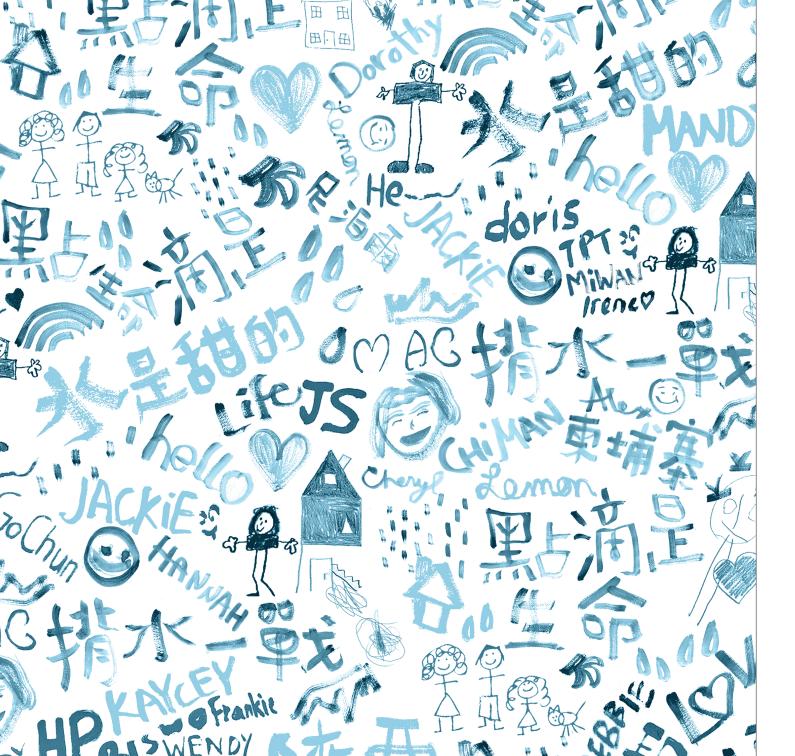
# 點滴是生命 a Drop of Life



ANNUAL REPORT







A Drop of Life has been working tirelessly to ensure access to clean water for people in need in China over the past year. In 2016, we decided to mark another milestone in our work by extending our services to Nepal and Cambodia. Apart from building water facilities, we also carry out poverty alleviation programs and rebuild schools, empowering lives and extending hope to the less fortunate beyond the border.



# **Water Projects**

**3,409** Water cellars

Water purifying systems

Water wells and pumps

Biosand filter in a local school



# **Children Development Projects**

#### China

Heart surgeries for children with congenital heart diseases sponsored

Nutritious meals provided to children

#### Nepal

■ Earthquake-damaged school rebuilt

A two-storey building, **8** classrooms in total



# Local Services

7,182 Goodie bags distributed to disadvantaged groups in Hong Kong.



# A Word from Our Chairman



Ms. Jackie Lee
Chairman of A Drop of Life

#### Aim

To us, clean drinking water is always within reach. However, to many living in rural areas of Mainland China, Nepal and Cambodia, water is seriously lacking. A Drop of Life has been working tirelessly to secure access of clean water for everyone in need. We hope that our mission can be realized in the near future.

#### Them

Water is indispensable and vital to humans. Because of water shortage, a lot of people are constantly living under desperation and anxiety. We implement water projects to satisfy their survival needs, giving them the strength to plan for a better future.

#### Us

Every staff member in A Drop of Life draws on his or her own expertise to address water problems in different areas, as well as increasing utilization of water resources. We strive to improve lives of the poor.

#### Together

We all live on the same planet, bask in the same sunshine and breathe the same air. Yet, some people are suffering because of uneven distribution of water resources. While we are enjoying abundant resources, we have to keep in mind that there are still people living in extreme poverty due to a lack of the most basic necessity. Together, we offer our hands to the less fortunate ones to help them overcome water scarcity. Together, we savour the fruit of our achievements.

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# A Word From Our Chairman

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### **Our Consultants and Ambassadors**

1.0



Ms. Anita Yuen
Honorary Consultant

In May 2016, I had the opportunity to participate in A Drop of Life's jewelry charity auction press conference. Putting on a couple million dollars worth of jewelry, I could not help but thinking that water is more precious, as I had witnessed how difficult lives were for villagers living in water-stressed areas.

I am very grateful to hear that A Drop of Life has already built over 50,000 water cellars in various regions in Mainland China, such as Gansu and Ningxia. This year, A Drop of Life's projects have even extended to Nepal and Cambodia, bettering lives of more people with water and changing their destiny.



Mr. Richie Ren
Honorary Consultant

Earlier this year, I brought my son along to join Walk for Water 2016 to experience the hardship of carrying buckets of water with over 3,000 participants. I am pleased because our event and mission is gaining wider public recognition, and people are making an effort to conserve water in their daily lives, educating our next generations about how valuable water is.

It has been 5 years since I last visited Gansu, but the memory of carrying water through mountains and cliffs is still vivid. I am now fully-prepared and am ready to pay another visit anytime. I can even put my hands to building water cellars as long as more people can benefit from my contributions.



Mr. Alex Fong
Honorary Consultant

2016 was a turbulent year with issues of my family, my pet, my relationships, etc. troubling me. People used to ask me how I deal with negative emotions, and I would always tell them, "Work out! Exercising will relieve your stress and clear your mind." Soon I realized this is not exactly true. Perhaps, I have never actually faced any great setback in my life.

Life is like tidal waves full of ups and downs. However, if we adopt a different attitude and face adversities with peace in our heart, our state of mind can actually become an ocean that embraces the tides, which will eventually return to a quiet and calm state. Apart from a change of attitude, taking part in volunteer work also reduces my stress. I have been more devoted to charity work in 2016 by being a number of ambassadors and also an active volunteer. During the volunteer services, I was able to share my worries with inspirational people, who gave me useful advice and support. Volunteering has enlightened me with a sense of satisfaction, positivity and freedom.

I would like to give special thanks to A Drop of Life, who provided me with an opportunity to experience life and live with locals in rural Nepal for 10 days. Life was not easy in this journey. There was neither a bed to sleep on, nor hot water to shower. Yet, the lesson I learned was priceless. The earthquake that hit Nepal 2 years ago made the already hard life of Nepalese even more difficult. Damaged homes and schools need to be rebuilt, water access needs to be improved, more teachers need to be recruited, and the average income of people has to be raised. Every day, the rural dwellers live a life that is so much different from us. Although they seem to live passively, they take a positive attitude towards life. I sincerely hope that my visit to Nepal can arouse greater social awareness towards the arduous life of the underprivileged there, and play a part to lift them out of the poverty cycle. As for myself, I have learned to cherish what I have, rather than lamenting over my lost.



Ms. Stephy Tang Honorary Consultant

Time flies. Another hectic year has passed. Many of us are constantly occupied with work and other duties.

There is a group of A Drop of Life warriors who are working hard with numerous charity events, visits, and project planning. Everything they do is to help people who are crying out for help. Many have asked me why I have been volunteering with A Drop of Life for such a long time. It is unexplainable fate, and A Drop of Life can always give me a sense of empowerment that I cannot find elsewhere. I have been so overloaded with work this year that sometimes I could not help wondering, "Why am I so busy? Is it meaningful?" No matter how occupied I am with work, I will always spare time to join A Drop of Life's events, in particular the annual Race for Water. A Drop of Life can truly empower me and light up my life.



Mr. Real Ting
Public Relations Consultant

If you persistently do something that interests you, such "persistence" will eventually become a practice. When I first started doing the daily 10-km run, I had to push myself hard in order to do it. Now, it has become a part of my daily routine. I am not doing it for the sake of challenging others, but to fulfill my own contentment. I have participated in Race for Water for 4 years straight, and witnessed its growth in scale and in the number of participants engaged. I hope that we can all influence people around us to run for those in need!

#跑到著迷 #NoMoreExcuseHK #跑了就懂 #KeepitUpHK #NeverGiveUpHK



Mr. Yoshi Hon Photography Consultant

I have been with the A Drop of Life family for many years and have witnessed one another's growth. I am married and have a child, and am reaching a helping hand to areas outside of Mainland China with A Drop of Life. I understand more about the world, and how blessed I am.



^mbassador



Ms. Stephanie Au

During my visit to Nepal with A Drop of Life, I carried heavy loads of water and walked through cliff-hugging trails. Never before did I realize water is so scarce and precious. To me, water means something more than bringing victory now. It brings life. My teaching in a local school was rewarding, for I came to understand the importance of knowledge in changing lives of students there. The visit is a good reminder for me to be thankful for everything I have.



Ms. Laurinda Ho

I have been very connected with Nepal ever since I was a small. This year, I was grateful to be invited by A Drop of Life as their Ambassador to visit this country. Though resources are lacking in rural Nepal, and water shortage has placed an increasing burden on the mountain communities, the villagers there still lead a simple and contented life. Their optimism inspires me to take things in life easy. I hope that I can play a part to help more people in need in the future.



# **Our Sponsors and Partners**

2.0





#### Ms. Dillen Chiu

Managing Director, Beauty of ImagineX Group

Clean water is life. However, there are many people around the world still striving for clean water every day.

Year 2016 has been the 10-year milestone that Aveda enlisted its global network and guests to support clean water projects via various charity campaigns.

In Hong Kong, we have partnered with A Drop of Life to raise fund for clean water projects in Mainland China for 8 years. And now, we are so proud to extend our support to Nepal.

We are dedicated to support more clean water projects for making clean water accessible for everybody everywhere.

••••••

With over 60-year history, Shun Hing Group

sustains the business and never forgets

that social responsibility is a cornerstone

of corporate responsibilities. Apart from

sponsoring and participating in "Race for

Water" and "Walk for Water", Shun Hing Group

provides logistics support by delivering

bottled distilled water to designated elderly

home after event, which fully utilizes the

Mr. David Mong

resources.

Chairman & CEO, Shun Hing Group



Mr. Jimmy Siu

Director, Elite Partners CPA Limited

Elite Partners CPA Limited ("Elite Partners") pays

close attention to environment protection. We

always remind our colleagues to reduce the

waste. This year, it is our first time to participate

in and being the platinum sponsor of "Walk for

Water". By experiencing the lives of peasants in

remote area, we can raise fund for building water

A group of colleagues also joined a voluntary

activity of making rice dumplings. Elite Partners

hopes to help more people in need in the

cellars and improving their lives too.

community with such modest support.

Destination Design & Production Ltd

We continuously support A Drop of Life's activities. Our volunteer team has been extended to families, friends, colleagues and even our clients. I wish we all could lend a hand to those who need and grab more friends to join



#### Mr. Stewart Young

Director, Jewellery Department, Tiancheng International

Tiancheng International has been devoted to serving the community. This year, we are delighted to hold the "Magnificent Jewellery Charity Auction - Kat Florence & Sarah Jessica Parker", which broke four world auction records and successfully raised nearly HK\$1.13 million for A Drop of Life. Water and gemstones are both precious assets of nature, we hope we could raise public's awareness of water conservation and help more people in need, while presenting treasures to connoisseurs.



#### Mr. Timas Liu Managing Director,

our volunteer services through actions!



#### **Convoy Financial Group**

In Hong Kong, since we do not have the problem of water scarcity, A Drop of Life plays a particularly important role in raising the awareness of people towards water conservation. As a corporate citizen, Convoy wishes to contribute, and has already done so by supporting A Drop of Life for 2 consecutive years, with over 100 staff joining the fundraising activities.

Our Sponsors and Partners Our Sponsors and Partners



#### Ms. Clara Man

Marketing Communication Manager, Watsons Water

Established over 110 years, Watsons Water persists in providing pure distilled water. With strong belief in environmental conservation, Watsons Water has launched its "Reborn" Bottle which is made from 100% rPET material since 2015. For years, Watsons Water has been actively supporting A Drop of Life, including sponsorship of "Water for Water" and "Race for Water". Together we work, rainwater cellars construction is carried out in areas which suffer droughts in China. With no doubt, Watsons Water will continue to support A Drop of Life in the foreseeable future to ease water shortage in Mainland China.



# Ms. Eve Leung 章美心月餅

Senior Marketing Manager, Branded Products, Maxim's Group

Maxim's Group has been supporting various public welfare activities. For the fourth consecutive year, Maxim's Mooncakes works in cooperation with A Drop of Life for mooncakes distribution activity, benefiting more than 10,000 people in various districts in Hong Kong. Hoping that the mooncakes and fruit with love will allow those in need to regain the warmth of the Mid-Autumn Festival, enjoying the bond, love, taste of this special occasion.



#### Ms. April Lau

General Manager, Professional Business Division, Shiseido Hong Kong

SHISEIDO PROFESSIONAL HK and JOICO is the first hair product company in its industry to take the initial step to 'Treasure Water'. We worked with A Drop of Life on 22 February this year for a charity walk in Po Tai Island and continued the donation program in salons. The program successfully raised funds to build dams for farmers in China regions in order to improve their lives, and raise awareness of efficient water use in salons. Once again, thank you for the support from A Drop of Life.



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#### Mr. Wilfred Lau

Chairman of East Asia Community Engagement Committee, Arup

The strategic partnership with A Drop of Life is part of our ongoing endeavor to make a real difference for communities in which we work. Through these programs, from running a Race for Water to distributing goodie bags to the local elderly, we encourage our people to live the ethos set by our founder: 'to do socially useful work, and to join hands with others fighting for the same values'.



#### Mr. Jason Lee

C.E.O., Chung Yung Cycle Co.

This year marks the 6th anniversary of the partnership with Chung Yung and A Drop of Life. Over the years, we have been very grateful to raise awareness through various cycling fundraising activities. Most importantly we also help thousands of needy families.

Entering the 66th birthday of Chung Yung, our mission has not changed - "We make a living by what we get, but we make a life by what we give." Bicycles bring us wealth, and we will continue to contribute to the society through various cycling activities. Cycling has integrated into peoples'daily and social lives. We will continue to pursue our mission "Taking from the society and Giving back to the society" by linking cycling with charity.

Wish Chung Yung and A Drop of Life's collaboration will continue to touch peoples' heart. Together, we make a better community for the future.



#### Siuhak

Multimedia Artist & Founder of Panda-a-Panda

We always ask, "What is the answer to afterlife?"

And I finally understand: There is no answer to afterlife, as the truth of universe doesn't exist either

When you keep searching for the so-called "answer" or "truth", you have actually found them at the moment and through the process. Done.

During the summer of 2016, I went on a retreat in the Amazon Forest in Peru, South America. I was in the rainforest for 10 days without power or internet access. I also took a spiritual herb named Ayahuasca, which was discovered 4,000 years ago by the indigenous people in the forest. I re-opened my eyes through "other forces" in life and was exposed to "everything" in different dimensions. I was completely united with the nature and have returned to the origin of life, debunking the illusions of human nature. By getting rid of all "bad habits", I have discovered the true "Buddha Nature" inside my heart.

Later, I shared this valuable temporary enlightenment with my Master. I have also returned the Acala Statue he gave me previously and told him, "Master, I am sorry as I no longer need this statue. Acala now lives in my heart!"

My Master then held the Acala statue and walked back to Star House in joy. My Master didn't say anything to me but from his eyes, I could hear, "Buddhism? Tantrism? Those are all just methods! Rules are not rules. Go search for your own way in order to find your true self!"

Okay! I finally understand now. Thank you, Master. I love you.





Simply turn on the tap at home and we can get a limitless and inexhaustible amount of high-quality water. But to many living in rural areas, safe drinking-water is never readily available. In the farther corners of the world, millions of children and women are forced to give up their studies and jobs, walking long distances across mountains every day just to fetch water contaminated with fatal bacteria.

We believe access to safe drinking-water is a basic human right. Water is fundamental to improved economic situation, education and sanitation. Yet, one-tenth of the world's population is still deprived of such a right. To transform lives of the poor who are devastated by this deprivation, ensuring clean water access is the first step.

When there is water, there is hope.

In the past 18 years, with your trust and support, A Drop of Life has secured clean water for 650,000 people in rural China through construction of water dams and water cellars. Looking ahead in 2017, we will further expand our services to Cambodia and Nepal, bringing clean water to people in need beyond the border.

Water Projects 13



### **Water Cellars**



Rainwater is collected and stored in the sedimentation tank underground to support villagers' daily use and irrigation. No longer do they need to travel a long way to fetch water every day.



In 2016, the number of water cellars built in Gansu surpassed our achievement in 2015 by 472 pieces, reaching an encouraging record of 3,409 water cellars. We have brought a hopeful tomorrow for more than 12,000 villagers. A total of 51,793 water cellars in Shaanxi, Gansu, Ningxia, Qinghai, Yunnan provinces have been built since 2008.



Jingning County of Gansu Province has favorable soil and climatic conditions for growing apples. Yet, dry weather has made irrigation inadequate and apples grown were small. With water cellars built, farmers are now able to irrigate constantly and attain good quantity and quality apple yields. With the help of A Drop of Life, farmers delivered apples to Hong Kong as a gift of gratitude to donors in December 2015. Donors could savor the fruit of their generosity.



12 Water Cellars Water Cellars



You know how powerful this dam is! In the past, we were afraid of summer. If there was a drought, the crops would die. Now with water in the dam, we worry no more, and we feel so delighted.



To villagers living in arid regions in China, a dam is their hope for life. It tackles water scarcity, improves local economy and betters lives of many. In 2016, 5 water dams with a gross storage capacity of 368,000 cubic metres have been built in Gansu, benefiting 1,138 households and irrigating over 15,335 acres of farmlands.



Before the dam was constructed, students had to navigate through rocky mountain paths in order to arrive at their school every day. With a dam built and connecting 2 mountains, a new road is formed and students can now walk safely and quickly to school.

water Dams 15



# **Water Purifying Project**

Students said in a satisfied smile,

# The water now is sweet!



The lack of precipitation in Northwest China has long made water scarcity the fate of local people. Water pollution is serious. Water crisis is affecting residents in the area, particularly the younger generation. Pollutants in drinking water not only damage students' teeth, but also pose threats to their health in the long run. In 2016, A Drop of Life continued to carry out the Water Purifying Project to install large RO water purifying systems in 15 schools in Ningxia, Gansu, Shanxi and Hebei provinces to remove heavy metals and biocontaminants in water, bringing safe drinking-water to 7,630 students and teaching staff.



16 Water Purifying Project 17



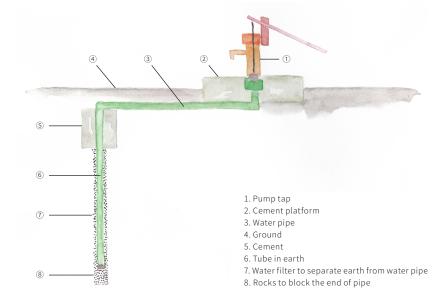
Cambodia is one of the poorest countries in Southeast Asia with more than 80% of rural population, of which 4 million lack access to safe drinking-water. Groundwater is a kind of resource that Cambodia has in abundance, but the access to groundwater that involves typical handdug water wells has made water exposed to the air and rainfall runoff from the surrounding fields. Water, therefore, is easily contaminated by industrial, human and animal wastes. People are susceptible to water-borne diseases as a result of drinking unclean water.

In August 2015, our staff conducted site visits in rural Cambodia. Upon identifying water problems and needs, we took a proactive approach in forming partnerships with local water charities to set up effective and sustainable water projects.



### Water Well and Pump

Experts will teach villagers the techniques of digging a well. The hand-pumped water wells will then be drilled to a depth of 20-25 meters and installed by trained villagers in order to obtain clean groundwater.



#### **Biosand Filter**

The Biosand Filter is an innovation on traditional slow sand filters. It uses layers of sand and microbacterial films to filter out 99% of bacteria and contaminants in dirty water to make it suitable for drinking. It is a simple, low-cost solution that cleans water quickly.

- Dirty water
   Biological layer
- 4. Coarse sand 5. Gravel
- 3. Fine sand
- 6. Clean water

A

Water Projects in Cambodia Water Projects in Cambodia



# Gravity Flow Water Supply System

Water flows under gravity to deliver water from sources uphill to households downhill through water pipes, tanks and taps.





Water Projects in Nepal



Nepal is located in the Himalayas. Water sources are found at the uphill, but not in rural villages of hilly area as far down. The massive earthquake in 2015 led to geological displacement in the country, and many of the natural water streams flowing down from the hills either are rapidly drying up or disappear. Water shortage is especially severe in winter.

In mountainous regions, women, including young girls and old ladies, shoulder the responsibility to walk miles every day to fetch drinking water for family use.



**UF Membrane**Filters bacteria and viruses

**UV Disinfection**Kills microbes

# School Water Purification System

Urban drinking water sources in Nepal are heavily contaminated by industrial and domestic wastes. It is estimated that 44,000 children die from water-related diseases every year. Such ongoing water crisis in Nepal's urban areas is alarming. With installation of water purifications systems in schools, students can enjoy clean water.

20 Water Projects in Nepal 2



# Children Development Projects

4.0

In 2016, we continued to implement different projects, including Heart-Healthy Lives, Nutritious Meals for Children, and School Rebuilding in Nepal to bring health, happiness and hope to children in different countries.



Children Development Projects 23



### **Nutritious Meals for Children Project**

In poverty-stricken rural areas in China, malnutrition threatens health of children. A Drop of Life started the Nutritious Meals for Children Project in 2014. In 2016, the project has brought balanced meals to a total of 451 students in 3 primary schools in Xiji County of Guyuan, Ningxia and Jingtai County of Baiyin, Gansu.

A banana, an egg and a piece of steak may seem to be trivial drops of kindness but the impact they bring to children is enormous.

A stronger body of children is the foundation for development and better study performance.





Heart-Healthy Lives Projects







"Every parent wants to see their children grow up happy and healthy."

Looking after sick children can put families under immense emotional and financial pressures. The Heart-Healthy Lives Projects aims to sponsor surgical expenses of children with congenital heart diseases in mainland China. Since its establishment of in 2012, we have helped 81 children regain health and start life anew. Hearing from the families that their children are already back to campus, or that their lives improved because they no longer worry about heavy medical expenses, we cannot help but feeling proud and encouraged.

Nutritious Meals for Children Project 4

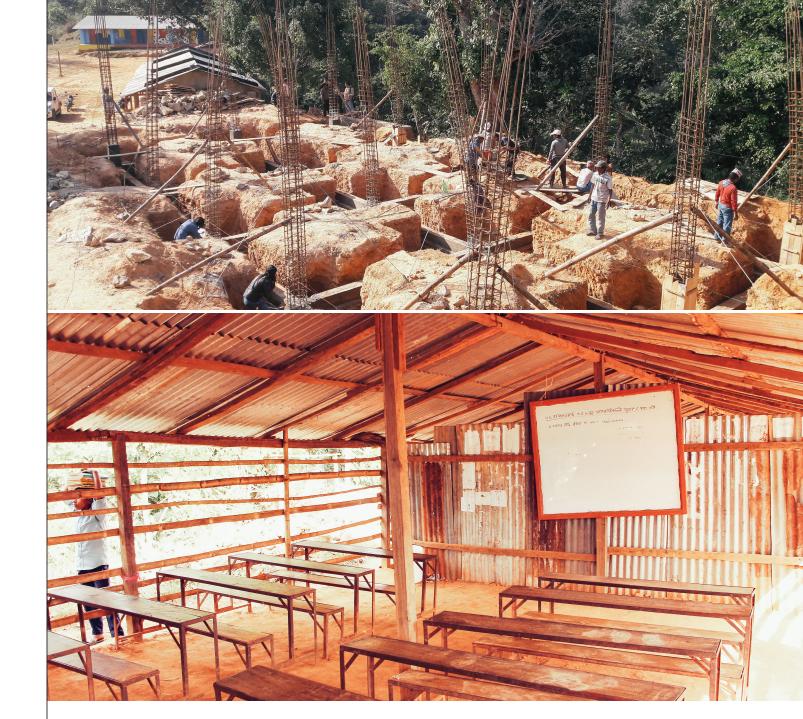


"The construction work was officially kicked off after the monsoon season, rebuilding not only classrooms but also students'hope for a better tomorrow!"

The earthquake in 2015 seriously damaged many academic buildings in remote villages in Nepal. Students can only study in classrooms where cracks are clearly seen on walls, or in temporary classrooms built from bamboos and steel roofing. The learning environment is dangerous.

After a year of preparation, we officially launched the School Rebuilding Project. The first rebuilt school is expected to be completed in April 2017. The new two-storey building brings 8 safe classrooms for students of Drigheshwor Secondary School, Gorkha. Our Hong Kong voluntary architects and local engineers closely monitor the progress and the quality of construction to ensure the new school building is up to standard.

Moving forward, we will continue to rebuild more disaster-affected schools in remote villages of Nepal such that more students can learn in a safe environment.



School Rebuilding Project in Nepal

School Rebuilding Project in Nepal



The number of elderly people in Hong Kong is on the uptick, many living alone. At the same time, there are disadvantaged groups who need care. In the last financial year, we were grateful to receive tremendous support from corporates and volunteers to organise visits to people in need during the Chinese New Year, Dragon Boat Festival and Mid-Autumn Festival, sending them gifts and warm blessings.

In Hong Kong, A Drop of Life strives to serve the disadvantaged with love.



28 Local Services 29



### **Chinese New Year Goodie Bag Distribution**

Like previous years, A Drop of Life distributed goodie bags to people in need before the Chinese New Year's Eve, bringing 3,050 elderly people and those with disadvantaged background not only warmth in the cold winter, but also gifts to meet their daily needs. Thanks to the generous donations from our supporters, the goodie bags consisted of a wide range of products, including mushrooms, cooking oil, rice, fruits, etc. Volunteers visited elderly families in public housing estates to send our new year presents and greetings.



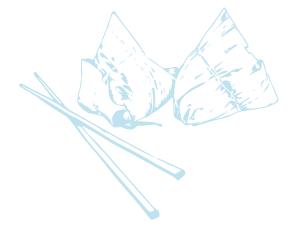




#### 5.2

# **Dragon Boat Festival Goodie Bag Distribution**

Every year, A Drop of Life and our volunteers distribute goodie bags with rice dumplings to grassroots families during Dragon Boat Festival. This year, our volunteers teamed up with the elderly to make rice dumplings. It was the first time our young volunteers made rice dumplings and they could not help bursting into laughter for their clumsiness. Together, our volunteers and beneficiaries had an enjoyable afternoon. A group of celebrity volunteers also joined us to distribute goodie bags to residents living in caged houses. After witnessing the poor living conditions, our volunteers said they hoped to help more families in need in the future.





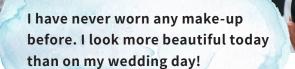


# **Mooncake Goodie Bag Distribution**

Maxim's Mooncakes worked in cooperation with A Drop of Life in the mooncake goodie bag distribution program for the fourth consecutive year. This year, Maxim's donated 10,000 mooncakes to A Drop of Life, sharing the taste of love in Mid-Autumn Festival with elderly in need.

Apart from corporate sponsorships, A Drop of Life collected mooncakes from the public and donated them to the underprivileged communities. Mooncake collection boxes were placed in various malls and Neway branches so that more people could join us to turn this festival a blessing to the needy.







In addition, we visited different districts with 630 volunteers and distributed 3,100 mooncake goodie bags. The elderly had a great time chatting with our volunteers. Our volunteers even helped our elders do make-ups. "I have never worn any make-up before. I look more beautiful today than on my wedding day," joked one of the elderly. Their radiant smiles were definitely the greatest reward to our volunteers.

Our local services in 2016 has come to a perfect end. We would like to express our heartfelt gratitude to all volunteers, donors and corporates for their philanthropic contributions.

32 Mooncake Distribution Mooncake Distribution





"Basket' and '4.5L bottled water' represent A Drop of Life's fundraising events."

"Race for Water" and "Walk for Water", 2 best known fundraising events of A Drop of Life, have been supported by different parties in the community. This year, the 2 events solicited a record-setting HK\$5.3 million to support our regular services and development of water projects! A Drop of Life deeply appreciates the generous contributions of our supporters and donors.

As previous years, A Drop of Life's annual charity tours received enormous support from our friends, who were proud to have met their own personal challenge while fundraising for people in need of clean water. Up till 1 December 2016, all charity tours, including walkathons, bike tours, voluntary teaching have solicited donations totaling HK\$10,470,133 for our projects in China and Nepal.



34 Fundraising Events Sundraising Events



#### Race for Water 2016

# Race against mountains!



With support from over 4,000 participants and donors, the 4<sup>th</sup> Race for Water was successfully held on 13 March in Aberdeen. By carrying 4.5 litres of bottled water to run through 15km or 30km arduous trails, participants experienced the hardship of villagers fetching water from water sources far from home. The event raised over HK\$2.8 million for Water Cellar Project in arid areas in Northwest China to bring water to 3,000 villagers.

Celebrities Mr. Orlando To, Ms. Stephy Tang and Ms. Kate Yeung showed up to support this meaningful event and led warm-up exercises. The unstable weather had made it a harder race, but our participants demonstrated remarkable persistence to finish the run.





**36** Race for Water 2016 Race for Water 2016



#### **AVEDA Walk for Water 2016**

By participating in Walk for Water, we hope to remind the public that water is a limited resource and should not be taken for granted. Global warming is getting serious and leads to a decline in fresh and drinkable water. People should start working hard on water conservation before it's too late.

# Ms. Jackie Lee - Chairman of A Drop of Life



The 12<sup>th</sup> Walk for Water held on 8 May 2016 at Repulse Bay Beach was a huge success. More than 2,600 individuals completed a 3-km walk with 4.5 litres of water carried at the back, imitating villagers' everyday hardship of carrying water. Over HK\$2.5 million was raised to support our Water Cellar Project in arid areas of Northwest China.



We are delighted to have Mr. Ryan Lau as the event M.C., Mr. Orlando To, Ms. Nancy Wu, Mr. Vincent Wong, Mr. Power Chan and Ms. Mimi Lo as the guests in support of the event. They carried 4.5 litres of water and led warm up exercises in response to this year's theme – "Carry Water and Walk with Love". Mr. Richie Jen, Honorable Consultant of A Drop of Life, showed up as a special guest in the Opening Ceremony, giving a big surprise to our participants!

Walk for Water was held in Repulse Bay for the first time, and we made it a memorable experience for everyone. Despite the hot weather, parents and children had fun immersing themselves in interactive games, such as giant Jenga, bubble football and water obstacle run on the beach!



38 AVEDA Walk for Water 2016 AVEDA Walk for Water 2016





**Charity Walkathon** 

"In no way was it an easy trip, as our participants had to bear the discomfort caused by altitude sickness and physical exhaustion. However, we were happy to be able to get closer to the nature, and to one another.



#### **Charity Walkathon in Nepal**

Nepal fascinates flocks of trekkers worldwide with its spectacular Himalayas landscape. In March 2016, a group of passionate A Drop of Life supporters embarked on a walkathon in Nepal after 2 months of hiking training and preparation. They set on a challenging expedition through Poon Hill and the Annapurna Base Camp at an altitude of 3,210 and 4,130 meters above sea level, respectively, with an aim to raise fund to rebuild an earthquake-damaged school in the mountainous region of Gorkha, Nepal.

Upon completion of the walkathon, our supporters took a jeep ride through the mountains to visit students in the school. The happiness and innocence of students deeply touched the heart of everyone.

#### **Sharing from Anita Lam**

It was my third time joining fundraising activities of A Drop of Life. I took part in Race for Water twice before. This April, with much excitement and nervousness, I participated in another unique event of A Drop of Life with its members and a group of enthusiastic trekkers in a beautiful yet mystical country - Nepal.

This journey was completely different from what I used to have. I was happy to see our team supporting, understanding and encouraging one another throughout the trip. We eventually arrived at the Annapurna Base Camp at 4,130 meters above sea level. Standing at the highest point of the mountain and seeing an endless range of majestic mountains, I couldn't help admiring the beauty of nature and thinking how trivial humans are on this planet.

The unpredictable highland weather, rugged mountain paths, and distress brought by altitude sickness troubled me in this journey, but at the same time I understood that the best way to deal with difficulties is to face them bravely. I would like to thank A Drop of Life for arranging this valuable trip for me. The drops of memories will surely be engraved in my heart.

Charity Walkathon Charity Walkathon

#### **Charity Walkathon in Iceland**

#### Sharing form Jennifer Shun

I am tremendously thankful to the A Drop of Life Team for creating such a wonderful opportunity for all the participants to give back to the world and to experience the amazing nature in Iceland. It was my first time taking part in an activity organized by A Drop of Life and this journey has become one of the most memorable events of my life.

In the 12-day journey, I was deeply touched by the breathtaking landscapes of Iceland, the astounding beauty of the Northern Lights, and the endless laughter and support shared among the fellow participants. The journey through the miraculous wonders of nature reminded me of how we are all a part of this wonderful earth and how blessed we were to have the opportunity to contribute through each step that we took. Because we all came together for a great mission, which was to help those in Gansu Province, China where water is scarce and that it has made it a luxurious necessity in life.

While I enjoyed visiting the magnificent waterfalls and drinking the mountain stream water during the hikes, I also felt troubled when reflecting on the water problems in other parts of the world. I am very grateful to be able to have taken part in this journey. I strongly believe that we can make the world a better place together. Thank you, A Drop of Life!

In September 2016, 45 friends of A Drop of Life came together and set off a walkathon in Iceland, successfully raising enough fund to build a dam for people in the water-stressed Gansu, China.

It was a 12-day walk in the awe-inspiring nature and we could see the impressive Northern Lights, double rainbows, waterfalls, geysers, icebergs and snowy mountains, the beauty of which left us astounded.

We witnessed the power of nature, and how global warming is affecting the environment. This is a good reminder for us to protect our nature, to cherish the planet's resources, and to conserve water.





42 Charity Walkathon 43



# We Ride for Charity!

# **Chung Yung Charity Bike Tour in Japan**

In December 2015, we gathered together 30 supporters to ride 300 km in Japan for a good cause: to fundraise to build a water dam for farmers in Jingning County, Gansu. We rode together with benevolence and friendship. Now, what flash through our mind are not only picturesque sceneries of Japan, but also beautiful memories of teammates backing one another to attain our common goal!

#### Sharing from John Chong

The charitable bike tour in Japan was such an amazing and unforgettable experience. Not only could I enjoy the wonderful scenery of Japan, I could also savvy the human touch and the reality of life!

Being a cycling rookie, I have to express my heartfelt appreciation to the coach, the team leader, my senior teammate, Guy, and the other teammates. Without their sincere guidance and ongoing encouragement, I would not be able to complete the 300km cycling journey safely.

Furthermore, I gained far more than just a cycling experience. During a conversation with our cycling leader, Debbie, I had a deeper understanding of the purposes of this fundraising event, which are mainly to help poor people living in remote mountain areas in China to solve the problem of water shortage and improve their living conditions.

With such meaningful reasons, I was much impressed with this charitable cycling trip as every step we moved forward was to strive for helping those people in need and to treasure a sense of human touch with my passionate teammates. This memorable journey also deepened my self-awareness to step away from the business world to a simple life, and to spend time and effort to contribute to the community. For me, the definition of fortune is no longer equal to the amount of wealth, but is equal to the accumulated satisfaction and pleasure of helping others.

44 Charity Bike Tour 45





# Chung Yung Charity Bike Tour in New Zealand

"We fear no wind that blows!" cheered teammates.

An earthquake hit New Zealand right before we set off our bike tour from Hong Kong, but it hadn't shaken the determination and passion of our 25 supporters who cycled for those in need of water in China!

The 25 fellows weathered the storms and wind during their 631-km cycle ride from Christchurch to Queenstown. The strong wind tested their cooperation, endurance and strength to the limit in this 12-day journey. The team eventually completed their journey with everyone applauded their perseverance!

#### Sharing from Angela Ho

Having gone for long-distance bike rides for a few times, this NZ bike ride with A Drop of Life is one of the most memorable. I was thankful that we all had to complete the training program 2 months in the run up to the departure, which has given me the opportunity to let my long lost cycling quads make a comeback. I was not sure if I could complete the ride in full, given I was no longer a regular cyclist. All I hope for is not to disappoint all my friends and family who were so kind to support this worthy cause.

It goes without saying that NZ is picturesque. One would think that cycling in the middle of a postcard is pure bliss. Absolutely, only if without the cold dry wind gushing from the Antarctica! That said, no matter how tiring cycling into the headwinds is, it is nowhere near as helpless as riding through the unpredictable strong gusts.

I could not believe my eyes when I saw bikes waving in the air like line-drying towels! If it weren't for the guides and other teammates, I could not have got through it myself. I reckon all of us must have upgraded our cycling skills one way or another and made some wonderful memories through the trip.

I'm truly grateful for the teammates as well as the crew for their support and encouragement, not to mention the joy of receiving donations along the way. I look forward to the next A Drop of Life journey!







# Voluntary Teaching



### **Voluntary Teaching in Ningxia**

"Why do you come all the way to this backcountry?" asked the children.

During Christmas in 2015, we conducted voluntary teaching in a school in rural Ningxia for a week. We taught students English. Looking at the cheerful smiles of students, we realized that besides teaching subject knowledge, it is also important to bring inspirations and extend the reach of education with a global perspective to children there. With much love we travel through rural regions to help children regain confidence in learning.

Our volunteer teachers brought much joy to children, hoping that they could receive a new year with a smile that can change the world.

#### Sharing from William Chiang

I concluded 2015 with a voluntary teaching trip to China. When I was a teacher, I used to arrange volunteer services for my students, but this was my first time ever taking part in voluntary teaching in a local school in Ningxia, China with a group of enthusiastic and friendly volunteer teachers. Though the city development of Ningxia is better than I expected, it is not as prosperous as that of Hong Kong. One can imagine what life is like when seeing students not having thick coats or gloves to wear in the cold winter. Giving these students a pleasant learning experience was my goal of this trip. I was particularly impressed by the students' desire to learn. Sitting inside the classroom for over 10 hours a day, they do not have a single word of grumble. This teaching experience really helped me reflect on and re-affirm my personal education philosophy.



48 Voluntary Teaching Voluntary Teaching



# **Tiancheng International Charity Auction**

The "Magnificent Jewellery Charity Auction — Kat Florence & Sarah Jessica Parker", a part of the Tiancheng International Spring Auction 2016, concluded successfully on 12 June. 38 lots of desirable charms from Kat Florence were on offer without reserve, raising HK\$1,130,962 for A Drop of Life to develop water purifying systems in 2 schools in Hebei, China, and the School Rebuilding Project in Nepal to bring children health and a safe learning environment.





#### SHISEIDO PROFESSIONAL HK "Treasure Love. Treasure Water"

Water is indispensable to the hairdressing and beauty industry. The amount of water consumed in hair salons every day is often beyond our calculation. SHISEIDO PROFESSIONAL HK became the first ever hair product company to commit to the "Treasure Love. Treasure Water" In-Salon Fund Raising Campaign of A Drop of Life. Apart from organizing a charity walkathon in Po Toi Island where its staff experienced the hardship of carrying water and pondered over water-saving practices at work, SHISEIDO also launched the "One Less Shampoo, One More Good Deed" campaign. For any customer who shampooed one less time, SHISEIDO would donate HK\$2 to A Drop of Life to build water dam in Gansu, China. Charity begins also at our workplace. Every small step is significant in driving a bigger industry-wide force to help villagers in need of clean water in China.

# MF Group and Rotary International District 3450 Area 6 Rotary Clubs (8 Clubs) Extend Care and Concern to the Underprivileged

MR Group has been supporting A Drop of Life's local projects since 2013 by making donations and having staff members volunteered in our services. This year, A Drop of Life was grateful to have received HK\$100,000 from MF Group and MetLife Hong Kong to sponsor our goodie bag distribution campaigns to send love and care to the disadvantaged in society.

Rotary International District 3450 Area 6 Rotary Clubs (8 Clubs) continued to support our water project last year and bring purified water to schools in Shanbei, China. Students can now drink safe and odourless water directly from tap.





# ANOVA Jet BIODERMA Charity Sale Support Charity While You Shop

ANOVA Jet and A Drop of Life jointly organized a portable charger charity sale. For every portable charger sold, HK\$100 were donated to A Drop of Life to fund the School Rebuilding Project in Nepal. Education is the power that changes darkness to light. Together we bring a bright future to disaster-affected children in Nepal.

BIODERMA also launched the BIODERMA Beauty Box Charity Sale. A total of HK\$90,000 was raised. All money was used to build water purifying systems at schools in Shanxi Province in China so that students can enjoy safe drinking-water.



# Chez Ed Tamjai SamGor Mixian Baab Korean Casual Dining Bring Nutritious Meals to Students in Rural China

3 well-known local restaurants satisfied not only our taste buds, but also the nutrition needs of students in rural China.

To celebrate the grand opening of his new restaurant Chez Ed, the internationally-acclaimed celebrity chef, Eddy Leung, hosted a 2-day charity lunch and dinner in June 2016. Revenues totalling HK\$173,840 were donated to A Drop of Life in support of the Nutritious Meals for Children Project on the mainland.





Customers who asked for "less rice noodle" in Tamjai SamGor Mixian starting from July 2015 enjoyed HK\$1 off the regular price, and the restaurant would donate HK\$1 to A Drop of Life. This half-year charity campaign successfully raised HK\$ 616,442. Baab Korean Casual Dining also donated 10% of the sales proceeds of its Korean Healthy Mixed Stone Pot Rice in November to A Drop of Life. Money raised in these 2 campaigns was used to bring balanced meals to children in rural China.

52 Support from Corporates 53



# Public Donation Income and Charitable Project Expenditure For the year ended 31 December 2015



	HK\$'000	Percentage%
One-off and Monthly Donation	13,481	65.2%
Walkathons & Bike Tours	6,145	29.8%
Gift-sales & Other Fundraising Activities	1,023	5.0%
Total	20,649	100.0%

CHARITABLE PROJECT & RELATED EXPENDITURE \$22,512,000	Charitable Project Expenditure Fundraising Activity Expenditure Administration Expenditure  Total	HK\$'000 14,793 6,357 1,362 22,512	Percentage% 65.7% 28.2% 6.1%  100.0%
CHARITABLE PROJECT EXPENDITURE BY NATURE \$14,793,000	<ul> <li>Water Projects</li> <li>Disaster &amp; Poverty Relief</li> <li>Children Development Projects</li> <li>Local Visits</li> </ul> Total	HK\$'000 8,649 3,224 2,527 393	Percentage% 58.5% 21.8% 17.1% 2.6%
CHARITABLE PROJECT BY REGION \$14,793,000	China Nepal Hong Kong  Total	HK\$'000 13,876 524 393	Percentage% 93.8% 3.5% 2.7%

4 Financial Highlights 55

# Acknowledgement (In Alphabetical Order)

#### **Painted With Love**

Dr. Swarnim Waglé Mr. Alex Fong Mr. Man Hung Mr. Match Chan

Mr. Mickey Cheng

Mr. Subash C Baral Mr. Yoshi Hon

Ms. Laurinda Ho Ms. Stephanie Au

Professor Biswo Poudel

#### **AVEDA Walk for Water 2016**

Adrien Gagnon Antonhill AVEDA BabeBaMa Baby Kingdom

Chef Studio By Eddy Chung Yung Cycle Co.

Collaboration Group

Comma Ltd. Convey Financial Group

Destination Design & Production

Discuss.com.hk

Elite Partners CPA Limited

Four Seas Mercantile Holdings Limited

Genius Dragon Industrial Ltd.

Giant

Goodview Production and Design Limited

Hong Kong St. John Ambulance

iF Local Sensation

**IMAGINEX GROUP** 

i-Runners

JW Marriott Hotel

K.W.Tam & Co.

Kelvin S. Magic Team

Levi Strauss (Hong Kong) Ltd.

Mind & Life

More Production

Morgan Stanley Volunteer Team

New Monday

Oriental Sunday

Ove Arup & Partners Hong Kong Ltd.

OZO Wesley Hong Kong

Panasonic

Panda Volunteer Team

Panda-a-Panda

Peegaboo PMMMEDIA

Polar

Quaker Oats Company

Reebok

Shun Hing Education and Charity Fund

Simatelex Manufactory Co. Ltd.

Sportsoho Star Ferry

Tamjai SamGor Mixian

Uni Mitsubishi Pencil Uwants.com

Watsons Water

晉龍WTS

Mr. Alex Fong

Mr. Enoch LAM Tin Sing, JP (Director of Water Supplies Department)

Mr. Leander Lau Mr. Orlando To

Mr. Pal Sinn Mr. Power Chan

Mr. Richie Jen

Mr. Ryan Lau

Mr. Vincent Wong Ms. Mimi Lo

Ms. Nancy Wu Ms. Paisley Wu Ms. Stephy Tang

Siuhak

Customs and Excise Department Volunteer Team

Fire Services Department Volunteer Team Hong Kong Airlines Volunteer Team

Rating and Valuation Department

Water Supplies Department Volunteer Team

Youth College Volunteer Team

Race for Water 2016

2XU

3rd:move

All Weather OutDoor Gear Shop

AustSports Association

Bones Communications

Chung Yung Cycle Co.

Collaboration Group

Destination Design & Production Economic Digest

Fitzio Giant

Goodview Production and Design Ltd.

HK Runners HKContest

Hong Kong St. John Ambulance

Hong Kong Stretching Exercise Association

i-Runners K.W.Tam & Co. Mizuno

More Production

Ove Arup & Partners Hong Kong Ltd.

Panasonic

Physical Fitness Association of Hong Kong, China

Polar RC Outfitters

Sacred Heart Canossian College

Salomon

Salonpas SEIKO

Shun Hing Education and Charity Fund

Sportsoho Sportsroad

Technological and Higher Education Institute of Hong Kong

The North Face The Overlander ume power plus Watsons Iso-Tone

Watsons Water

Weekend Weekly

Yu Chun Keung Memorial College No.2

Mr. Alex Fong Mr. Edmond Leung

Mr. Marco Li

Mr. Orlando To

Mr. Real Ting

Mr. Tsang Chun Kit

Mr. Wong Ho Chung

Ms. Chrissie Chau Ms. Kate Yeung

Ms. Leung Ying Suet

Ms. Stephy Tang

Convoy Volunteer Team

Fire Services Department Volunteer Team

Hong Kong Airlines Volunteer Team Water Supplies Department Volunteer Team

Youth College Volunteer Team

南極星義工隊

#### Local Services

#### Chinese New Year Goodie Bag Distribution

Artiste Golf Association of Hong Kong

Association for Help

Blackmores

Chung Yung Cycle Co.

King Power Group

MF Group

Ove Arup & Partners Hong Kong Ltd.

Po Leung Kuk Home Support Team

Quaker Oats Company

The Councilor Office of Ms. Kaman So

The Spastics Association of Hong Kong

Watsons Water

Women's Welfare Club (Eastern District) Leung Lee Sau Yu Neighbourhood Elderly Centre

Dr. Kwan Wing Kai

Mr. Gorden Li Mr. Kenny Fok

Mr. Tony Lau

Ms. Agnes Tai Ms. Agnes Wong

Ms. Li Su Mei-Ju Ms. Vivian Lai

#### **Dragon Boat Festival Goodie Bag Distribution**

Artiste Golf Association of Hong Kong Dragonboard Technologies Ltd East Concept Fashion Elite Partners CPA Limited

Guangdong Enterprise Limited Hong Kong Christian Service

Kintetsu World Express (HK) Ltd

Lovewide Rehabilitation Centre

Lululemon Athetica

Maxim's Festival Products

Society for Community Organization

The Hong Kong Federation of Youth Groups The Spastics Association of Hong Kong

Women's Welfare Club (Eastern District) Leung Lee Sau Yu Neighbourhood Elderly Centre

Dr. Kwan Wing Kai

Ms. Agnes Tai

#### Mooncake Goodie Bag Distribution

YLTH Mrs Leung Hok Chiu Neighbourhood Elderly

Association for Help

Caritas Elderly Centre - Tin Yuet

Caritas Hong Kong - Services for the Elderly

Chan Ping Memorial Neighbourhood Elderly Centre

East Ocean Gourmet Group

EF English Centre

Evangelical Lutheran Church Social Service -Hong Kong

Fang Brothers Group

Hong Kong Christian Service

K-Point

Lalamove - EasyVan

Leung Lee Sau Yu Recreation Centre for the Elderly [Women's Welfare Club Eastern District]

Lovewide Rehabilitation Centre

Main Plan Limited

Maxim's Mooncake

MF Group Mikiki

Mrs Wong Tung Yuen District Elderly Community Centre

New Territories Women & Juveniles Welfare Association Social Services Division Limited Pak U Neighbourhood Elderly Centre

Ove Arup & Partners Hong Kong Ltd. Pacific Coffee Company Limited

Park Central

Po Leung Kuk Fuk Wai Home for the Elderly Sheen Hok Charitable Foundation Kwan Shon HingYu Chui Neighbourhood Elderly Centre

Shell Hong Kong Limited

Society for the Coummunity Organization

Sunta Chemical Ltd.

The Councilor Office of Mr. Cheng Chun Ping

The Councilor Office of Mr. Cheng Chun Wo

The District Councilor Office of Ms. Kaman So

The Hong Kong Society for the Aged

The Neighborhood Advice-Action Council - Sham Shui Po District Elderly Community Center

The One

The Wharf (Holdings) Limited

Tiancheng International

Wah Kwong Maritime Transport Ltd. Watsons Water

Windsor

Wong Wha San Memorial Neighbourhood Elderly

Culture Technology Limited

Dr. Kwan Wing Kai Mr. Lam Chun Sun

Mr. Tony Lau

Ms. Agnes Tai Ms. Chan Yuen Yi Teggy

Ms. Greta Wong

#### **Fundraising Activities**

AEON Stores (Hong Kong) Co., Limited

ANOVA Jet

BIODERMA

Chez Ed

Baab Korean Casual Dining

Goldman Sachs (Asia) L.L.C

Hong Kong Airlines JOICO HK

OZO Wesley Hong Kong Rotary International District 3450 Area 6 Rotary Clubs (8 Clubs)

Shiseido Professional HK

TamJai SamGor Mixian Tiancheng International

**Annual Report Sponsor** 



Acknowledgement Acknowledgement



In 2017, A Drop of Life is looking forward to embarking on challenging expeditions with you to fundraise for people in need!

#### **Charity Tours**



### 8-17/4/2017 (10 Days)

### **Voluntary Teaching in Nepal**

Last year, we had a wonderful time trekking through Poon Hill and Annapurna Base Camp in Nepal to raise money for the local School Rebuilding Project. This year, we will be back to Nepal to attend a school completion ceremony and conduct classes there. Volunteer teachers will be living with villagers to have a taste of the rich Nepali cultures as well as the amazing New Year celebration!



#### 15-22/7/2017 (8 Days)

# Charity Walkathon in Mount Fuji, Japan

Climbing Mount Fuji is on many people's bucket list! In July 2017, we are proud to take you on this once-in-a-life-time adventure to see the spectacular sunrise at the 3,776 metres high summit. Before that, we will do warm up exercises in the breathtakingly beautiful Northern Japan Alps!

#### 22/12/2017-2/1/2018 (12 Days)

# Charity Walkathon in Myanmar

Though Myanmar is embracing a more open society, a lot of local customs are still well-preserved. We will set off our charity expedition in Heho and Kalaw, Myanmar, and have accommodation in temples as well as homes of ethnic minorities. After the walkathon, we will visit schools in remote areas and help rebuild campuses.



58 2017 Fundraising Events 5

#### **Local Activities**



# 12/3/2017

#### **Race for Water**

Race for Water 2017 will be held on 12 March 2017, with an aim to solicit HK\$ 3 million to develop water projects in China, Nepal and Cambodia, as well as raising public awareness on water scarcity. Participants carry 4.5 litres of bottled water to run through a 15km or 30-km trail to experience the hardship of villagers carrying water far from home.

#### 7/5/2017

#### Walk for Water

The 13th Walk for Water will be held second year in a row in Repulse Bay where participants can stroll along the 3-km route with water carried at the back and enjoy the beautiful coastline. A carnival will be set at the finishing point of the walk with games and performances that will surely delight your day.



